

## **Aquatics**

### **Primary Policies**

- The use of any pool is prohibited unless supervised by a University Recreation and Wellness staff lifeguard.
- Lifeguards have the right to remove anyone for behavior that he or she deems either unsafe or inappropriate.
- Lifeguards have the final authority on all matters concerning safety and emergency situations in all aquatic facilities until substituted by proper authorities.

### **Secondary Policies**

- Children under the age of 16 must be supervised at all times by a parent/guardian.
- The use of 1 m, 7.5 m and 10 m platforms is limited to authorized, registered United States Divers or approved groups providing appropriate documentation.
- The use of auxiliary locker rooms is limited to the following groups: authorized personnel, approved rental groups, and public swimmers. Use of these locker rooms by general student, faculty, or staff is not allowed.
- No food, gum, or beverages are allowed on the pool deck except for water in unbreakable containers.
- Glass is not permitted in any pool area.
- Proficient swimmers are defined as swimmers who are able to swim one length of the pool, on stomach, without stopping and without a floatation device.
- Lessons may only be taught by University of Minnesota Recreation and Wellness Staff.
- University Recreation and Wellness prohibits any supervised, formal, organized workouts by any group or team that is not part of the University Recreation and Wellness department. These groups may include varsity level athletic teams, student organizations, community groups, etc. Exceptions to this policy would require an eligible group to obtain a facility lease agreement where the group rents a space for their exclusive use, if approved. Members who are part of a team or group may exercise and may have a specific program provided to them, however, at no time should they be lead through, trained, or coached during their exercise routine.
- University Recreation and Wellness prohibits any group or individual outside of the department from delivering swim lessons to participants in University Recreation and Wellness facilities. This policy also restricts these individuals/groups from recruiting clients within University Recreation and Wellness facilities.

### **Department of Health Regulations**

Minnesota Department of Health, Chapter 4717 – Public Swimming Pools

<https://www.revisor.mn.gov/rules/?id=4717.1650>

4717.1650 – Supervision of Bathers – Sanitation and Safety

- All persons using the swimming pool must take a cleansing shower using warm water and soap and thoroughly rinse off all soapsuds before entering the swimming pool. A bather leaving the pool to use the toilet shall take a second cleansing bath before returning to the activity.
- Any person having an infectious or communicable disease shall be excluded from the swimming pool. Persons having any considerable area of exposed sub-epidermal tissue,

open blisters, or cuts must be warned that these are likely to become infected and advised not to use the pool.

- Spitting, spouting of water, urinating, defecating, or blowing the nose in the pool shall be strictly prohibited.

### **Pool Rules**

#### ***Rules for All University of Minnesota Pools***

- Lifeguard may require swim tests to all patrons.
- Persons who fail the swim test will be redirected to a shallow water facility if available, or be asked to leave the pool.
- EMERGENCY ALERT SYSTEM – 3 whistles will be given by the lifeguard on duty and all patrons will clear the pool.

#### ***Natorium Rules***

- Proficient swimming is required
- Swimming is not allowed under the bulkhead
- Use of Starting blocks is prohibited

#### ***Diving Well Rules***

- Proficient swimming is required
- Use of Starting blocks is prohibited
- Only the outside 1 Meter and 3 Meter spring boards and the 5 Meter platform are to be used during Open Dive.
- Only forward facing jumps and dives are allowed from spring boards and only forward facing jumps are allowed from 5M platform.

#### ***Cooke 10 Rules***

- No diving

#### ***Cooke 15 Rules***

- Proficient swimming is required
- Use of starting blocks are prohibited

#### ***St. Paul Gym Rules***

- No diving
- Sauna is open only when pool is open
- Anyone under 18 is prohibited from using the Sauna

### **User Groups**

#### **Student and Member Lap Swimming**

Pool users may only engage in activities that do not interfere with other patrons.

*Note: Lifeguard has the right to ask patrons to move to shallow water if they are not comfortable with patron's swimming ability.*

#### **Family Swim**

Family open swim is offered in Mpls. and St. Paul facilities, please refer to aquatic schedules at <http://recwell.umn.edu/aquatics/>

**Public Swim**

See Aquatic Schedule for Public Swim times at <http://recwell.umn.edu/aquatics/>

Public swimmers will access the pools through the main entrance of the Recreation and Wellness Center. Public swim is only offered in the Natatorium on the Minneapolis campus.