

PROJECT GRATITUDE

Located on East Bank

MONDAY
NOVEMBER 13

NOON – 2:00PM: PAWS (MP7)

4:00PM – 7:00PM: Postcards Home/KIND Bar Sampling
(RecWell Lobby)

TUESDAY
NOVEMBER 14

ALL DAY: Hangout in Hammocks (2nd Floor RecWell)

1:00PM – 4:00PM: Meditation Stations (2nd Floor RecWell)

WEDNESDAY
NOVEMBER 15

11:00AM – 5:00PM: Hydration Stations
(By the Cafe on First Floor)

11:00AM – 7:00PM: NutritiousU Tabling (RecWell Lobby)

THURSDAY
NOVEMBER 16

5:00PM: Reflection – Yoga and Meditation Class (MP6)

FRIDAY
NOVEMBER 17

ALL DAY: Member Appreciation Day

9:00AM – 11:00AM: KIND Appreciation (RecWell Lobby)