University Recreation & Wellness Advisory Board
Meeting Minutes

Date: 11/6/2020
Time: 8:30am
Location: Zoom Meeting

Attendees
Mackenzie Boivin - Chair, All Campus Representative
UJ Bhowmik - Vice Chair, Professional Student Government
Dr. George Brown - Ex-Officio, Recreation and Wellness
Karen Lovro - Budget Subcommittee
Adam Negri - Council of Graduate Students
Kenzie Maybrun - At-Large Representative
Breanne Krzyzanowski - Civil Service
Peg Hanssen - Civil Service
Kevin Ross - P&A Staff Representative
Brandi Hoffman - Faculty P&A, School of Kinesiology
Andrew LaFortune - Interfraternity Council
Caroline Pavlecic - Panhellenic Council
Huburt Midagu - Multicultural Center for Academic Excellence
Katherine Chicoine - Housing & Residential Life
Rennato Alarcon - International Student and Scholar Services
Governess - Minnesota Student Association
Leif Anderson - Minnesota Student Association
Emma Flynn - Minnesota Student Association

Staff Advisors
Rahul Rajan - Recreation and Wellness
Kaiti Goff - Recreation and Wellness

Guests
Beth Asfahl - Recreation and Wellness
Luke Day - Recreation and Wellness
Lisa Lemler - Recreation and Wellness
Cody Mikl - Recreation and Wellness
Eric Paredes - Recreation and Wellness

Regrets
Danielle Sorenson - At-Large Representative
Tyler Vongphachanh - Multicultural Greek Council
Vacant - National Pan-Hellenic Council
I. Call to Order
Chair Mackenzie Boivin called the meeting to order at 8:31 am.

II. Approval of Previous Meeting Minutes
The November 6, 2020 meeting Minutes were distributed to all attendees. Ms. UJ Bhowmik motioned to approve the Minutes, with a second from Mr. Leif Anderson. All were in favor, and the motion to approve the Minutes was passed.

III. Introductions
Chair Boivin welcomed the group and invited all attendees to introduce themselves and state their term limits.

IV. Maroon & Gold Sunrise/Patron Usage
Chair Boivin introduced Mr. George Brown to give an update on the Maroon & Gold Sunrise Plan. RecWell is on Step 3 of the sunrise plan. This has brought more programs and more hours in the Minneapolis facilities. Since St. Paul sees less patron use, the extended hours does not apply to that facility. In Minneapolis there have been about 2000-2500 patrons per day and in St. Paul there have been about 130-150 patrons per day. Unlike most semesters, there has been a rise in patron use over the semester. The increase in hours helps de-densify the facility, particularly in the evening. The patron demographic is still primarily students.

V. Student Staff Cleaning Protocols and Trainings
Chair Boivin introduced Mr. Luke Day to speak about cleaning protocols at RecWell. Mr. Day has been working closely with Mark Bell and Ashlee Miller, who oversee the student staff, to keep the facilities clean. Students have hourly cleaning checklists to ensure all areas are addressed. This list was made using Facilities Management guidelines to ensure equipment is being cleaned effectively. With the increase in chemicals throughout the building, the facilities team is staying mindful of not causing extra irritants for patrons. Staff are also using more PPE than ever before to stay safe from these extra chemicals. There is a nationwide shortage of disposable wipes that are available for patrons throughout the facility. Mr. Day stated that they are trying their best to keep these stocked even though patrons are using these wipes more than ever before. Students staff are assisting custodial staff in the deep cleaning of fitness areas each day. The staff work together to close the space and spray it down so it continues to be safe for patrons later in the day.

Mr. Day passed it along to Ms. Beth Asfahl. Beth thanked her facilities team for managing the extra cleaning protocols: Luke Day, Eric Loomis, Mark Bell, and Ashlee Miller. Ms Asfahl continued by describing the reduced hours after Thanksgiving.

Mr. Adam Negri asked questions:
Are we checking student staff’s mental health?
Mr. Brown began by saying all managers are instructed to be encouraging and help students prioritize self-care.
Mr. Cody Mikl answered stating that students are the priority of our entire program since RecWell is under student affairs. They are very aware of what students may be experiencing. They have been and continue to be very generous in paying students if they do need to be away for a while. RecWell provides a supportive environment and managers with care.
Ms. Asfahl answered, managers are being more hands on than ever to take care of student staff.

Ms. Lisa Lemler provided examples from her programs. The Outdoor Program is using virtual “fireside chats” to reach students in their areas. In Competitive Sports they are using national resources to ensure students are getting support and things they need.

**Are students being asked to police their peers for masks?**

Mr. Brown answered, this is an issue across the nation in campus rec. Yes, these students are having to enforce masks with their peers. They have not seen issues more recently with mask adherence.

Chair Boivin answered, the fieldhouse has been having issues with masks since it’s so open and she and her coworkers are taking the effort to enforce the rules. She and her coworkers enforce it to ensure the Rec can stay open and voice that to patrons.

**VI. COVID Testing Facility Updates**

Chair Boivin asked Mr. Brown to provide updates for the COVID Testing Facility. Mr. Brown said the clinic is up and running. It is located in the north building completely isolated from the rest of RecWell to ensure patron safety. The testing is by appointment only and Boyton Health has stated that appointments are constantly filling up. Each test takes approximately 5.5-6 minutes. This increases the testing rate from only 80 patients a day at Boyton to 300-400 per day in this separate clinic at RecWell.

The Flu Clinic will be finishing up soon. They are still seeing about 300-350 patients a day. In total they have given 13,000 flu shots.

**VII. Program Updates**

Chair Boivin introduced Ms. Lisa Lemler to give updates on some program areas. Ms. Lemler first spoke about the Center for Outdoor Adventure (COA). The rental shop has already made $50,000 in revenue for rentals. This is much greater than previous years. Most of the rentals were provided to the Minneapolis Community members and University Faculty/Staff. COA was also able to begin having trips for students again but at a much smaller scale. They were able to open up bouldering by reservation only. They are working on setting up the nordic ski center at the golf course for winter.

Ms. Lemler continued by providing updates for Fitness/Wellness. Group Fitness Classes have begun again but at about 20% usage compared to previous years. Looking forward to next semester, they are hoping to begin massage and health coaching again.

For Competitive Sports, Ms. Lemler said most sport clubs have been able to practice this semester. Intramurals have been able to host new kinds of competitions for students. They launched new E Sports, Bachelorette Fantasy League, Top Golf, Cornhole, Bowling, and Badminton. These competitions are filling each time they are hosted and students are enjoying them.

Ms. Lemler was proud to announce that the University was awarded Special Olympics RSO as Unified Sports Banner - one of Top 5 and only University by ESPN. Special thanks to Sarah Heemstra, former Chair of URWAB that helped start RecWell’s Unified Sports.

Ms. Lemler also introduced a new digital wellbeing tool being launched for students. A grant from Blue Cross Blue Shield is being used to provide more virtual health and wellness for
students. She is on the committee to find the best options for vendors and YOU at College was
chosen. A pilot test will be conducted next semester.

VIII. Finance/Budget Updates
Chair Boivin introduced Ms. Karen Lovro to give updates on the RecWell budget. RecWell went
from 15.3 million in revenue in fiscal year 19 to 11.2 million in fiscal year 20 and they’re
anticipating 10.9 million in revenue for fiscal year 21. This is expected to increase in fiscal year
22 but still not to the level it was in fiscal year 19. RecWell reserves are being used to make up
the difference in revenue. Reserves have depleted to 11.9 million in fiscal year 19, to 7.9 million
in fiscal year 20 and is expected to deplete further to 5.3 million in fiscal year 21. So far this year,
RecWell staff have reduced expenses by 3 million even with the massive increase in expenditures
for PPE and cleaning supplies.

Chair Boivin mentioned that the board is looking for one student to join the Finance
Subcommittee with Ms. Lovro.

IX. Committee Updates
   A. Mental Health Board
      No updates
   B. Food Steering Committee
      Vacant

X. Announcements
   A. SHAC - Vacant

XI. Adjournment
Chair Boivin called to adjourn the meeting at 9:31am.