



Leaders-in-Training (L.I.T.) Program Information

Program Eligibility: Ages 15-17. Must be 15 by June 22nd and must not turn 18 while enrolled in the L.I.T. program.

Program Fee: \$329

Program Length: 2 Weeks

Dates: June 22nd – June 26th (required Training week)

Choice of July 6-10 or July 13-17 or July 20-24

Program Overview:

The Leaders-in-Training (L.I.T.) program is designed to provide a meaningful transition from camper to future work in any leadership position while engaging in a fun, high-energy environment. The L.I.T. program provides opportunities for participants to develop their self-awareness, strengths and skills as a leader through specialized trainings, hands-on experience and mentorship. L.I.T.s spend one week with the L.I.T. coordinator and other instructors, learning about and building the skills necessary to be a successful leader. For the second week, L.I.T.s will volunteer a half- or full-day at YP and will be assigned with a group of young campers and two experienced Group Leaders. Here they will have the opportunity to observe and assist the Group Leaders, build meaningful relationships with campers and lead their own group activities. Upon completion of the program, L.I.T.s will receive a Leadership Certificate and proof of volunteer hours.

Leaders-in-Training Participants will:

- Be mentored by L.I.T. coordinator and instructors as well as assigned Group Leaders.
- Receive training including but not limited to: CPR/First Aid, Belay certification, safety and risk management, behavior and group management, professionalism and leadership skills.
- Discover their leadership style and strengths through activities and self-reflection.
- Learn about the inner workings and structures of YP and different staff roles.
- Be assigned to a Gopher Adventures Juniors or Gold group where you will assist with the leadership and guidance of campers.
- Gain skills in and lead camp activities with younger campers.

Leaders-in-Training Participants are:

- 15-17 years old
- Able to attend all days during the training week and one full volunteer week (a half- or whole-day shift) with their assigned group
- Able to adhere to a daily schedule
- Able to have interest in and concern for the wellbeing of children and their summer camp experience
- Able to be a positive role model for children by demonstrating respect, loyalty, patience, courtesy, tact, and maturity
- Required to adhere to and help enforce all Youth Programs policies
- Motivated to participate in training sessions and accept feedback positively

To be considered for this program

1. A completed application and statement/video of interest must be submitted no later than March 31st.
2. Decision notifications will be sent by e-mail by April 15th.
3. If selected you'll have one week to confirm and one additional week to submit final registration materials and any outstanding fees.

L.I.T. Expectations and Understandings

L.I.T.s are expected to adhere to all rules, policies, and regulations of the L.I.T. program and Youth Programs. Inability to do so may result in dismissal from the program. Completion of the L.I.T. program does not guarantee that participants will be hired as group leaders with Youth Programs.



Leaders-in-Training Application

Basic Information			
Legal Name (First, Middle Initial, Last)			
Email Address		Cell Phone	
Street Address		City	State Zip
Date of Birth _____ / _____ / _____ (Must be 15 by June 22 nd)			
School Attending		Grade (currently)	

Parent/Guardian Information	
Guardian 1's Name	Guardian 2's Name (optional)
Guardian 1's Cell Phone	Guardian 2's Cell Phone (optional)
Guardian 1's Email address	Guardian 2's Email address (optional)

L.I.T.s will receive 2 t-shirts they will be required to wear each day during Volunteer week.

T-shirt size _____ Sizes range from Adult S, M, L, XL+

Leaders-in-Training Volunteer Week

L.I.T. Training Week takes place Week 3 (June 22nd – 26th) and is required to attend each day in order to volunteer. You may choose to volunteer for a full-day or a half-day. You may choose one of the following weeks you wish to volunteer. Please write in your preferences of volunteer week (1st choice, 2nd, 3rd) and check whether you will volunteer a half-day or a full-day during that week.

_____ Week of July 6th-10th

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Week of July 13th-17th

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Week of July 20th-24th

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

If you have any questions or concerns regarding the expected time commitment for this program, please reach out to the YP Office- contact info is listed below.

Return completed Application and Statement/Video of Interest to:

University Youth Programs
104b St Paul Gymnasium
1536 N Cleveland Ave
St. Paul, MN 55108

OR

ysummer@umn.edu

Questions? Email ysummer@umn.edu or call 612-625-2242.



Leaders-in-Training Statement/Video of Interest Instructions

In a brief, typed statement or video, please address the following:

- Why do you want to be involved in the L.I.T. program?
 - What do you hope to personally gain from the program?
- Describe extra-curricular activities you have been involved in. (Ex: sports, clubs, school groups, volunteer & work experiences)
- Describe any experiences you've had caring for younger children.
- Why are you choosing to apply to Youth Programs over other organizations/camps?

Please keep written statements under 3 pages, double-spaced.

Please keep videos between 2-4 minutes.

Videos must be one of the following formats:

- MP4 Video (.MP4)
- QuickTime movie (.mov)
- Google drive
- YouTube link

Return completed Application and Statement/Video of Interest to:

University Youth Programs
104b St Paul Gymnasium
1536 N Cleveland Ave
St. Paul, MN 55108

OR

ypsummer@umn.edu

Questions? Email ypsummer@umn.edu or call 612-625-2242.