



Leaders-in-Training (L.I.T.) 2 Program Information

Program Eligibility: Ages 15-17. Must have completed L.I.T. 1. Must not turn 18 while enrolled in the L.I.T. program.

Program Fee: \$329

Program Length: 2 Weeks

Dates: June 15th-19th (required Training week)

Choice of July 6-10 OR July 13-17

Program Overview:

Continue your leadership journey in L.I.T. 2 for a deeper exploration into your personal leadership style and experience how your skills can be taken outside of YP and into the community! Training week will be spent building upon skills learned in L.I.T. 1 with new and exciting activities, challenges and training sessions. Volunteer Week will include two full days volunteering as a youth leader at one of 4H's summer day camps held at a Minneapolis park. Our partnership with University of Minnesota Extension 4H will provide participants an opportunity to engage with their community, work with diverse populations and practice leadership in a new setting! These days will include co-leading groups of campers with 4H youth leaders while playing games, exploring nature, creating art and crafts, and investigating science. The days will begin and end at the St. Paul Gym and L.I.T. 2s will be transported to and from the 4H camp location. For the final three days of Volunteer Week, L.I.T. 2s will be placed in an YP Instructional camp of young campers with two experienced Group Leaders.

L.I.T. 2 Participants will:

- Adventure to Base Camp to attend the Emerging Leaders field trip, an interactive and immersive program exploring personal leadership development.
- Attend an educational session on Youth Mental Health First Aid.
- Collaborate with youth leaders from Minnesota 4H for a day of activities and trainings around topics such as culture & community, bias & micro-aggressions, behavior management and professionalism.
- Experience leadership in a new environment with 4H summer day camps.

- Build relationships with campers, lead activities and receive feedback from peers & mentors.
- Receive a Leadership Certificate and proof of volunteer hours upon completion of the program.

To be considered for this program:

1. Applicants must have completed L.I.T. 1.
2. A completed application must be submitted no later than March 31st.
3. Decision notifications will be sent by e-mail by April 15th.
4. If selected you'll have one week to confirm and one additional week to submit final registration materials and any outstanding fees.

L.I.T. Expectations and Understandings

L.I.T.s are expected to adhere to all rules, policies, and regulations of the L.I.T. program and Youth Programs. Inability to do so may result in dismissal from the program. Completion of the L.I.T. program does not guarantee that participants will be hired as group leaders with Youth Programs.



YOUTH PROGRAMS

Leaders-in-Training 2 Application

Basic Information			
Legal Name (First, Middle Initial, Last)			
Email Address		Cell Phone	
Street Address		City	State Zip
Date of Birth _____ / _____ / _____			
School Attending		Grade (currently)	

Parent/Guardian Information	
Guardian 1's Name	Guardian 2's Name (optional)
Guardian 1's Cell Phone	Guardian 2's Cell Phone (optional)
Guardian 1's Email address	Guardian 2's Email address (optional)

L.I.T. 2s will receive 2 t-shirts they will be required to wear each day during Volunteer week.

T-shirt size _____ *Sizes range from Adult S, M, L, XL+*

Volunteer Week

L.I.T. 2 Training Week takes place Week 2 (June 15th-19th) and is required to attend each day in order to volunteer. The Monday and Tuesday of Volunteer Week are mandatory to attend a full day. L.I.T. 2s will volunteer as a youth leader at one of 4H's summer day camps held at a Minneapolis park. The days will begin and end at the St. Paul Gym and L.I.T. 2s will be transported to and from the 4H camp location. For the final three days of Volunteer Week you may choose to volunteer for a full-day or a half-day. L.I.T. 2s will be placed in an YP Instructional camp of young campers with two experienced Group Leaders.

You may choose one of the following weeks you wish to volunteer. Please write in your preferences of volunteer week (1st or 2nd choice) and check whether you will volunteer a half-day or a full-day during that week.

Note: A full day of camp is 8:45am-3:45pm. A half-day is approximately 8:45am – noon or noon-3:45pm. AM instructional camps are typically 9:30am – noon and PM camps are 1:00pm – 3:30pm.

_____ Week #4 July 6-10

Mon- Tues: 4H camp at Longfellow Park (*must attend full day*)

Wed – Fri: YP Instructional camp (*choice of half- or full-day*)

(Please rank your choice in instructional camp: 1st choice, 2nd, 3rd, 4th)

_____ Tae Kwon Do AM, ages 6-8

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Battle Bots PM, ages 6-8

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Art & Yoga AM, ages 6-8

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Grossology AM, ages 8-9

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

OR (see next page)

_____ Week #5 July 13-17

Mon- Tues: 4H camp at Creekview Park (*must attend full day*)

Wed – Fri: YP Instructional camp (*choice of half- or full-day*)

(Please rank your choice in instructional camp: 1st choice, 2nd, 3rd, 4th)

_____ Soccer AM, ages 6-8

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Kids vs. Wild AM, ages 7-9

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ The Comic Strip AM, ages 6-7

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

_____ Messy Art Blast PM, ages 6-8

Full-day shift 8:45am-4:00pm

Half-day shift 8:45am-noon OR Noon-4:00pm

If you have any questions or concerns regarding the expected time commitment for this program, please reach out to the YP Office- contact info is listed below.

Return completed Application and Statement/Video of Interest to:

University Youth Programs
104b St Paul Gymnasium
1536 N Cleveland Ave
St. Paul, MN 55108

OR

ypsummer@umn.edu

Questions? Email ypsummer@umn.edu or call 612-625-2242.

Leaders-in-Training 2

Statement/Video of Interest Instructions

In a brief, typed statement or video, please address the following:

- How have you applied your skills and what you learned in L.I.T. 1 in your life?
- What are you looking forward to in L.I.T. 2?

Please keep written statements under 2 pages, double-spaced.
Please keep videos between 1-3 minutes.

Videos must be one of the following formats:

- MP4 Video (.MP4)
- QuickTime movie (.mov)
- Google drive
- YouTube link

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