

**University Recreation & Wellness Advisory Board  
Meeting Minutes**

**Date:** 11/1/2019

**Time:** 9:00am

**Location:** University Recreation and Wellness Center (MP 7)

**Attendees**

Amelia Kreiter - Chair, All Campus Representative  
Mackenzie Boivin - Vice Chair, Special Position to the Board  
Dr. George Brown - Ex-Officio, Recreation and Wellness  
Giovann Alarcon Espinoza - International Student and Scholar Services  
Kenzie Maybrun - At-Large Representative  
Anneke Duin - At-Large Representative  
Raymond Muno - Civil Service  
Peg Hanssen - Civil Service  
Brandi Hoffman - Faculty P&A, School of Kinesiology  
Kevin Ross - P&A Staff Representative  
Andrew Durkot- Professional Student Government

**Staff Advisors**

Rahul Rajan - Recreation and Wellness  
Jaime Medina - Recreation and Wellness

**Guests**

Cody Mikl- Recreation and Wellness  
Beth Asfahl - Recreation and Wellness  
Eric Paredes - Recreation and Wellness  
Lisa Lemler - Recreation and Wellness  
Jessica Novotny Couillard - Recreation and Wellness  
Mikayla Miller - Recreation and Wellness

**Regrets**

Molly Hynes - Minnesota Student Association  
Karen Lovro - Budget Subcommittee  
Gerry Weber - Interfraternity Council  
(Vacant) - Housing & Residential Life  
(Vacant) - Panhellenic Council  
Sydney Crims - Multicultural Greek Council  
Melvin Coleman - National Pan-Hellenic Council  
UJ Bhowmik - Minnesota Student Association  
Otiti Mayo - Multicultural Center for Academic Excellence

## **I. Call to Order**

Chair Kreiter called the meeting to order at 9:03am.

## **II. Approval of Previous Meeting Minutes**

The September 6, 2019 and October 11, 2019 meeting Minutes were distributed to all attendees. Mr. Durkot motioned to approve the Minutes, with a second from Ms. Hoffmann. All were in favor, and the motion to approve the Minutes passed.

## **III. Facility Updates**

### **1. Field House**

Chair Kreiter invited Ms. Beth Asfahl to share an update on the Field House construction project. She said the construction project is on schedule and the Field House is expected to be reopened early December. There is also a planned grand reopening on January 22nd, 2020. She shared a small presentation highlighting some of the new features and photos from the construction project:

- More natural lighting
- New track flooring with basketball courts inside the track
- All damaged trusses were fixed
- Artificial turf on the east side
- New office for the Facility Coordinator

Mr. Brown mentioned the department is planning to upgrade the bathrooms in the event entrance in the near future and hoping to get assistance from HEAPR funds.

### **2. Dome Inflation**

Chair Kreiter invited Mr. Rahul Rajan to share an update on the Dome Inflation. He highlighted the main steps involved with the dome inflation process and the labor transition from using ICWC crews to using ROTC and Sport Clubs this year. He said the dome is currently being heated with temporary heaters as permanent heat exchangers are being replaced. He also mentioned that by the end of November the dome will have permanent heating units as well as security crash bars on all emergency doors which will make the dome more secure.

## **IV. Committee Updates**

### **1. Food Steering Committee**

Chair Kreiter mentioned the committee will be sending out a dining survey to all students in regards to their dining experience on campus and how to better serve the University community.

## **V. Staffing Updates**

Chair Kreiter invited Mr. George Brown to share staffing updates. He said the department is close to being fully staffed and that the new Aquatics Assistant Director (Bryna McElligott) and Executive Account Specialist (Sarah MacPhail) will be starting in November. He mentioned the

search for the new Fitness and Wellness Director is in its final stages with candidates coming on campus in November to interview. The department is hoping to extend an offer early December.

## **VI. Constitution Updates**

Chair Kreiter said the constitution has been updated in regards to the term limits to the Civil Service and P&A representations on the board. She also mentioned there was a minor language change in the constitution to make sure the board is in compliance with SUA requirements.

## **VII. COA Program Highlight**

Chair Kreiter invited Mr. Bryan Karban to give an overview and update of the COA program. He said the program has had a spike in participation in the last year and goal of the program is to provide a wholesome experience to students and expose them to new activities. He said COA is currently working on creating new programs and clinics to promote diversity in the outdoor space. He also shared other updates:

- Rental Program - New canoe and bike fleet
- Climbing Program - New flooring system and an RFP is out for a new climbing wall at the St. Paul Gymnasium
- Trips - Ecuador Trip during winter break with Peru and Iceland trips scheduled for the summer
- Nordic Ski Center - Will be open mid December

Ms. Duin asked if students could access the Nordic Ski Center. Mr. Karban responded saying that students can access the Ski Center and seasonal passes are \$25.

## **VIII. Wellness Program Highlight**

Chair Kreiter invited Ms. Lisa Lemler to give an overview of the services and program highlights in regards to Wellness. Ms. Lemler said RecWell has partnered with multiple departments on campus to offer a variety of services and looking to expand in the future. She also shared the following updates:

- RecWell partnered with Boynton Health and is offering physical therapy for the third year. Currently four physiotherapists offer sessions at the RecWell facility and extended opportunities for PT students to shadow during therapy sessions. Physiotherapists also offer six seminars yearly to the RecWell student personal trainers.
- RecWell is housing massage therapy for the second year and increased the number of sessions by hiring more massage therapists. There is 78% retention rate from the first year and more students have started using the service. RecWell is exploring more options to keep the price for massage therapy more affordable for students.
- RecWell is also offering Let's Talk and PAWS program every week.
- RecWell has partnered with the Center for Spirituality and Healing and is offering free health coaching.
- RecWell participated in the campus mental health scan.
- Group Fitness participation has increased significantly.

Mr. Muno asked about the percentage of participation between students and members. Ms. Lemler responded saying member participation is 25% and students are 75%.

**IX. eSports**

Chair Kreiter invited Mr. Rahul Rajan and Mr. Jaime Medina to update on the eSports initiatives. Mr. Medina gave an overview of RecWell's initiatives in regards to eSports. He said RecWell has an annual event in spring semester and Intramurals are offering a few eSports leagues. He mentioned multiple departments on campus are expressing interests and that RecWell, SUA, and the eSports at UMN student group had a meeting in regards to the growing conversation. He also said SUA is currently looking to conduct a space study at the St. Paul Student Center and Coffman Union to see if there could be any dedicated space for the eSports student group.

**X. Announcements**

Mr. Parades said he will be updating the board about the different pricing structures the department is planning to implement at the December 6th, 2019 board meeting.

**XI. Adjournment**

Chair Kreiter called for a motion to adjourn. Mr. Durkot motioned to adjourn the meeting with a second from Ms. Hoffman. With no objections, the motion to adjourn was passed at 10:04am.