

group fitness

	sun	mon	tues	wed	thurs	fri	sat	
6:45 am	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	
12:00 pm	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	WOW Birgit Pool 60 min	HIIT Emily K Studio 60 min	Drop In Les Mills Virtual Classes	WOW Birgit Pool 60 min	HIIT Emily K Studio 60 min	HIIT Sydney L Studio 60 min
1:00 pm - 5:00 pm	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	Drop In Les Mills Virtual Classes	
5:15 pm	Drop In Les Mills Virtual Classes	Cardio Dance Jenni Studio 60 min	Cardio Dance Deanne Studio 60 min	Pilates Ginny D Studio 60 min	Cardio Dance Jenni Studio 60 min	HIIT Emily K Studio 60 min	Drop In Les Mills Virtual Classes	